

MINISTRY

The Ministers of St. Paul's:

The people of St. Paul's

Lay Leaders:

Marti Johnson and Dianna Tande

HUMM PASTORAL TEAM

Lead Pastor:

Rev. Dr. Patti Agnew:
pagnew@stpaulshelena.org

Associate Pastor:

Rev. Sami Pack-Toner:
spack-toner@stpaulshelena.org

Children's Ministry Coordinator:

Lynn Van Nice:
lvannice@stpaulshelena.org

Communications Coordinator:

Sienna Knott
communications@stpaulshelena.org

Youth and Young People's Coordinator:

Dominic Tuttle
dtuttle@stpaulshelena.org

Finance Coordinator:

Hailey Cole
hcole@stpaulshelena.org

Office and Facility Coordinator:

Shanna Morin
office@stpaulshelena.org

Worship Director:

Dr. Maren Haynes Marchesini
worship@stpaulshelena.org

Organist: Fay Buness

Sunrise Singers/Players Director:

Dr. Nancy Trudell

Sound Team Coordinator:

Rob Bonnes

Nursery Attendant: Phyllis Michelson

Bishop of Mountain Sky Conference:

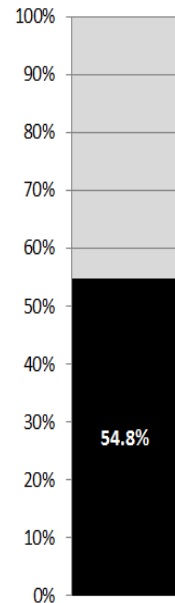
Rev. Dr. Karen Oliveto

District Superintendent: Rev. Jan Witman

UNISON PRAYER

God of love, you make faith as simple as loving you, loving others, and loving ourselves. Teach us to find the time and space for devotion and loving you. Be present to us in worship as we gather together to focus on your love and call to action. Guide us into acts of mercy which alleviate suffering in others. And empower us to work for justice fighting against evil powers and systems. We confess our lack of love and the times we have neglected ourselves, our neighbors and you. Heal our pains and guide us in the way of love. Amen.

MONEY MATTERS



Our General Fund budget for 2018 is \$574,469. For the month of September we received \$34,262.14, which puts us at 54.8% of the total required for the year.



Welcome to

St. Paul's United Methodist Church

Grounded in hospitality, growing in faith, giving in service, going in mission...FOR GOOD!

Celebrating over 150 years of ministry in Downtown Helena.

**8:30 AM Order of Service
October 21, 2018**

Prelude: M. J. Williams, *trombone*, Ann Tappan, *piano*, Rob Kohler, *bass*: *Selections to be announced*

Welcome: Maren Haynes Marchesini

Introit: *Terraform* by Johnathan Steele and Dane Ueland, Video

Announcements: Maren Haynes Marchesini

Sharing the Sign of Peace

Hymn: *All Things Bright and Beautiful* #147

Prayer: Liz Moore

Unison Prayer

Lord's Prayer

Response: *Spirit of the Living God* #393

Offering: Liz Moore

Offertory: M. J. Williams, Ann Tappan, Rob Kohler: *Selections to be announced*

Response: *Praise God* #95

Hymn: *Blest Are They* #2155

Scripture: Psalm 139: 1-7, 13-14

Sermon: Loving Self - Maren Haynes Marchesini

Communion: Al Beaver

Special Music: M. J. Williams, Ann Tappan, Rob Kohler: *Selections to be announced*

Hymn: *Let All Things Now Living* #2008

Benediction: Maren Haynes Marchesini

Postlude: M. J. Williams, Ann Tappan, Rob Kohler: *Selectinos to be announced*

St. Paul's UMC is a Partner in the Helena United Methodist Ministries

Phone: 442-5643. Email: office@stpaulshelena.org.

Church Office: 512 Logan Street

Hours: Monday - Thursday, 9 AM - 1 PM, Wednesday 4 PM - 6 PM

To get sermons and ministry updates, download our App on our website: stpaulshelena.org



Our 11:00 service can be found at stpaulshelena.org

Today's broadcast is not sponsored.

GROW YOUR FAITH

• **GOD HUNGER** is a small group of folks interested in community-building and meditation. We meet at noon on Wednesday in the Library. For those wanting to attend on the lunch hour, we will begin the meditation at 12:15 and have completed that prayer and quiet time by 12:45. The group-building time will happen between noon and 12:15 then 12:45 to 1:00. We hope that knowing this might make it more clear as you try to decide about whether it will fit into your time schedule. We use a book of prayers to guide us into our meditation. Please note we have changed our meeting day to Wednesday noon. (DB)

• **LAURIE'S BOOK CLUB.** October's book is *Squeezed: Why Our Families Can't Afford America* and will be meeting **October 29, 7 PM - 8 PM** in the Fire-side Room at St. Paul's UMC. *If you have any questions, please call the church office at 442-5643 or email Pastor Sami at: spack-toner@stpaulshelena.org (DB)*

• **RECLAIMING ANGER:** In this study you'll discover what anger is, how God gets angry, when we need anger, and when we need to let it go. Join us Wednesday at **Covenant UMC Oct. 24 - Nov. 14 6:30-7:45 PM.** Cost: \$7 per book. *If you have any questions, please call the church office at 442-5643 or email Pastor Sami at: spack-toner@stpaulshelena.org (DB)*

• **CRIES OF THE POOR** join us for our weekly discussions on poverty in the world and the impact it has on the people of faith. This class will be held on **Wednesdays at 6:30 PM** in the Library of St. Paul's Sanctuary. We will meet four times from **October 24 thru November 14.** *For more information contact the office at 442-5643.*

• **LOVE LANGUAGE** Love has the power to change the world. God created us with an innate desire to love and to be loved. But love is hard! Whether it is loving our irritating neighbor or our beloved spouse. Love is challenging. The concept of love languages has helped me in countless relationships over the years. Join me in exploring the idea love languages: how we express and receive love. This workshop will give you practical insight into all kinds of relationships. The last half hour of the workshop we will explore love languages, children, and discipline. Join Pastor Patti on Sunday, November 4th at Covenant from 11:30-1:30 (lunch included). OR Sunday, Nov. 11th at St. Paul's from 12:15-2:15 (lunch included.) Sign up on the presence form so we have enough food! (SW)

CLASS KEY

(ID) - IN DEPTH

(DB) - DROP BY

(MW) - MULTI-DAY WORKSHOP

(SW) - SINGLE DAY WORKSHOP

SOCK IT TO 'EM VIDEO CONTEST FOR BOMBAS

Top three will get:

1st place - 150 medium pairs of socks

2nd place - 75 medium pairs of socks

3rd place - 25 medium pairs of socks

Your job: Think of groups in need of socks and make a short video about why they need them. Think outside of the box. There are many people in need at places one might not have thought about. Is your school in need of socks in gym? Do you work with low income youth? **Videos due by Nov. 1.**

We will put the top three videos on our website and social media!

Thanks to Bombas company and all of the people ready to make this happen!

CHILDREN'S MINISTRY AT ST. PAUL'S

PROMISELAND CLASSES Children are invited to join us as we sing, pray, and learn together during our Sunday School classes from 9:45-10:45 AM in Susanna's Place.

Classroom locations are:

3+4 year olds: Rm 105

K+1st grade: Rm 201

2nd +3rd graders: Rm 203

4th +5th graders: Rm 209

SUNDAY NURSERY. 8:30-9:30 AM and 10:45 AM until shortly after noon in room 106 of Susanna's Place. Phyllis Michelson and volunteers offer play and nurture for your young children.

KIDSWORD BAGS. Ask a greeter for an activity bag for your child.

GODLY PLAY. Godly Play is directly after Children's Time at the 11 AM service for Children in pre-K - 5th grade. Adults will accompany your children to Susanna's Place, room 201 and 203 for interactive Bible stories and activities! Please pick your children up right after church at that location.

• **IT WAS GOOD** Bibles to Third Graders was a joyful event! Many thanks to Betty Anderson, Vicki Weida, Tommy and Tonya Griffeth for their help in making our third graders day special!

CHILDREN'S MINISTRY AT COVENANT

• **SUNDAY SCHOOL TODAY!** Kindergarten - 5th grade can join Sunday school following Children's Time during the service. We meet in classroom 1 on the 1st and 3rd Sundays of each month.

• **CHILDREN** are welcome in worship. Nursery is provided every Sunday from 9:45 - 11:15 AM for children 5 and under. You are invited to join us for Fellowship directly following the service.

YOUTH GROUP



• **DONUTS AND DEVOTIONS.** **9:45-10:45 AM - Youth Room (208)** We'll take a look at the sermon topic in a discussion format over tasty pastries, refreshing fruits, and a game or two!

• **WEDNESDAY NIGHT YOUTH.** **6:15-8:15 PM - Youth Room (208)** Every Wednesday evening, we'll meet for a study, games, and as much silliness as we can fit into one evening!

IN OUR COMMUNITY

• **GOD'S LOVE THANKS YOU!** They had an influx of blankets from amazing donations from our congregation and send their thanks to you all.

• **FALL CLOTHING DRIVE** this year will be held beginning **Oct.22 - Nov. 18.** We will be targeting the needs of God's Love Shelter and Family Program this year. The two shelters will give us a list of the things they need and we will collect only that kind of clothing. There are 13 kids in the family program, so surely think kids' clothes and warm things.

• **HEART AND SOUL FILLING EMPLOYMENT** Silver Linings is an educational program for children and adults who are differently abled. When working at Silver Linings, you will be challenged to grow in your capacity to value and serve others. All you need is compassion and a heart and mind that is willing to learn. Part and full time positions are available. Contact Hollyann at (406)459-6074 or admin@silverliningsmt.com if you are interested in truly fulfilling employment.

PASTOR'S CORNER

Positive Attitude Month

How positive are your actions and thoughts? Can you put your finger on what makes your mood sour? Do you know what cheers you up? Is it something that is accessible to you each day? How contagious is another person's bad mood?

These are viable questions for this month because it is Positive Attitude Month! Questions like these are important to ponder in our lives as we wade through our political environment this fall. It can be very easy to get wrapped up into fear-fueled social media news feeds, constantly listening to the same kind of pessimistic stories, and feeling hopeless about the world around us.

I know for myself, I struggle to keep a positive attitude some days. These kinds of questions of self-awareness have been really helpful to me, though. For me, a trip to the gym is usually accessible any day I am feeling less positive. Working out cheers me up and helps my stress. I have spent quite a few years learning about stress triggers and mood shifters in my own life. And, because of the nature of my work, I feel understanding these stressors is a priority.

This is what works for me personally, but I would invite you to discern what works for you. For Positive Attitude Month, focusing on intentional positive thoughts is the objective. There are even health benefits from intention-

ally thinking positive: lowering distress, better cardiovascular health, coping skills can improve, etc. The proof of positive attitudes is evident, and the opportunities to view less-than-ideal situations positively seem to be abundant in our world.

For the rest of the month (and hopefully longer), what is one thing you could do every-day to keep your positive attitude fueled? God created each of us to have feelings and emotions, and those feelings and emotions are how we experience our world. God also made us to heal, to be resilient and strong--to learn from our emotions and feelings. How can you embrace how God made you? How can you be intentional with your attitude?

Stay strong out there, my friends. And be gentle with one another,

Pastor Sami



We welcome all people of any age, gender, color, ethnicity, sexual orientation, gender identity, economic status, or disability into the full life and membership of our congregation.

This Week at a Glance

ST. PAUL'S CHURCH CALENDAR

SWP= Susanna Wesley Place, 512 Logan
C= Church Building, 80 E. Lawrence

Sunday, October 21st

8:30 & 11 AM Worship: (C) Sanctuary
9:30 AM Fellowship: (C) Fellowship Hall
9:45 AM Donuts and Devotion: (SWP) Youth Room
11 AM Godly Play: (SWP) 201 & 203

Wednesday, October 24th

9:30 AM Bible Study: (C) Library
10:30 AM WND Setup: (C) Fellowship Hall
NOON God Hunger: (C) Library
4 PM Knitting Group (C) Library
5:30 PM WND: (C) Fellowship Hall
6 PM Youth Dinner: At Parsonage
6:30 PM Refugee Crisis Class: (SWP) Fireside
6:30 PM Spiritual Autobiography: (C) Library

Thursday, October 25th

9:30 AM Bible Study: (SWP) Fireside
12:15 PM Jung Reading Group: (SWP) Fireside
5:30 PM SPRC: (SWP) Fireside

Friday, October 26th

10 AM Bulletin Folders: (SWP) Rm 104
6 PM Ski Waxing Party: Pack-Toner Home

COVENANT'S CHURCH CALENDAR

Sunday, October 21st

9 AM Choir Practice: Sanctuary
10 AM Worship: Sanctuary
11 AM Fellowship: Fellowship Hall
11 AM Blood Pressure Clinic: Classroom

Tuesday, October 23rd

9:30 AM Gentle Ways Yoga: Fellowship Hall
11:30 AM Family Promise Resource: Classroom
5:30 PM Bell Choir Practice: Sanctuary
6 PM Boy Scouts: Fellowship Hall

Thursday, October 25th

6 PM Tuba Group: Sanctuary

Support Groups at St. Paul's

- AA: Tues. & Thurs. 8 PM: C101; Sun. 8 PM: C102
- AA/Women's: Mon. 10:45 AM: C101/Library
- AI-Anon: Mon., Tues., Wed., Fri. Noon: SWP101; Thurs. 10 AM: C101; Sun. 3:30 PM: SWP101
- Eating Disorder Support Group: Mon. 7 PM: SWP200
- Nar-Anon: Mon., Thurs. 5:30 PM: SWP200
- OA: Mon. & Thurs. 7 PM: SWP204; Thurs. Noon: Sat. SWP204; 9 AM: SWP104

VOLUNTEER OPPORTUNITY

• WEDNESDAY NIGHT DINNERS.

We are in need of dinner hosts! Dinners are served from 5:30 until shortly after 6 PM in the Fellowship Hall. Dinner hosts plan the menu, prepare, set up, serve and clean up afterwards. The profit from the dinner goes to a ministry/organization of your choice. **DINNERS WILL BEGIN OCTOBER 24.** Available dinner dates to host are **March 13, 20, 27, April 3, and the 17.**

If you plan on attending please sign up on the presence form. To reserve a dinner date of your choice please call Lynn Van Nice at 442-5643 or Sharon and Darrell Vallance at 443-2827.

• **MUST LOVE LAUNDRY** Our parish cleaning towel and mop heads are in need of cleaning and we need to help keep our custodians stocked for their weekly duties. If you can help us once a month with taking the laundry for cleaning, please email or call Shanna Morin in the office.

• **GREETERS NEEDED AT ST. PAUL'S:** We need greeters for the **4th and 5th Sunday at 8:30 AM.** *If you would like to learn more about this volunteer opportunity, please contact the church office at 442-5643.*

• **Broadcast Sponsor of St. Paul's 11 AM worship.** A Sunday sponsorship costs \$50 to help pay for production, equipment and advertising on Livestream, TV and podcast. *If you would like to sponsor a broadcast, please sign up on St. Paul's presence form.*

• **JUSTICE LEAGUE FORMING.** We want to form a new team of people with a passion for social justice. Our Justice League will be tasked with mo-



bilizing the people of both St. Paul's and Covenant UMC to work in areas of justice in Helena and beyond. We will work on issues such as homelessness, food insecurity, poverty, inclusivity, etc. This group will partner with existing organizations and coordinate our support whether it be donations, volunteering, or fundraising. If this sounds interesting to you, please sign up on the Presence Form. Soon we will have an initial gathering to determine how we can work together on these important matters.

HUMM HAPPENINGS

• **GOD AFTER HOURS** Looking for a different way to connect with people and God? Join us for God After Hours! We gather, eat good food, enjoy delicious drinks, and share in discussion on various topics. Keep an eye in the bulletins, Facebook, and our website for updates this coming fall for dates and times of our gatherings.

Coming soon:

November 16 at 7 PM

at Bert & Ernie's Pub and Grill

Follow us on Twitter @GodAfterHoursMT and Facebook. *Any questions? Contact Pastor Sami.*

• **DIAPER & TRANSPORTATION SUNDAY** Supporting needy families on Jazz Sunday. Donate to fill the diaper cupboard at Good Samaritan and transportation needs through Lewis and Clark Health Department

THE FAIR TRADE MARKET will be downstairs in the Fellowship Hall and choir room on Sunday, **November 18** from 9 a.m. to 3 p.m. It's open to the public.

• NEW OFFICE HOURS

Our new Office Hours for the Fall are:

Monday - Thursday: 9 AM - 1 PM

Wednesdays: 4 PM - 6 PM

COMING SOON

• **CHURCH CONFERENCE** Our annual Church Conference will be **Sunday, Oct. 28th at 1:00 at Covenant UMC.** We will join the other churches in our circuit and learn more about the special called General Conference coming up in February and the Three Plans being voted on there. We will approve our pastors' compensation as well as learn about the changes to our Mission Shares while we celebrate the ministries of our churches. All are welcome.

• **ART WALK** This year **Nov. 2nd** will mark the city's Art Walk in downtown Helena. For years our UMW has taken advantage of this event to support our St. Paul's artists and to raise money for local Missions like God's Love. Each year we are told by these agencies that our support is even more needed to help them meet the needs of their clients. We serve a yummy Baked Potato Bar with all the toppings, Nachos with cheese and PIE for dessert. The dinner is from 5:30-7:30 with Pie and coffee served until 8:30. This dinner means a lot to many Helena people. Dinner is \$9 and kids under 10 are \$5. Pie and Coffee are also \$5. A great place to start the Art Walk or get supper before and evening athletic event.

• **ART WALK ARTISTS** UMW leaders are looking for artists to feature at this year's Art Walk. We need your names and bios pretty quickly as the date for the Art Walk Brochure is **Oct. 24th.** If you would like to display your Art or have an artist to suggest, please call Janet Hulme at 406-461-8388. She is organizing our artists for this year. Artists from Covenant are welcome to offer their art. First-come, first-serve. Art will be in the Choir Room to give the artists enough room to display their art appropriately.

• **SPIRIT OF THE WEST** Charlie Russell, the iconic Montana artist, truly captured life of the Spirit of the American West by sweeping landscapes, majestic wildlife, Cowboys and First Peo-

ples. His life and art are the inspiration and theme of a full-sized live auction tree at Intermountain Children's Home Festival of Trees. This project is funded, in part, by a St. Paul's Endowment Grant and proceeds raised by the tree will help the children and families served by Intermountain. Join us on **Sunday, October 28** from **9:00-12:00** in the foyer and **12:00-1:00** in the Fellowship Hall to create decorations and ornaments for the Festival of Trees. No artistic skill required! For more information or to donate, please call Emily Hankins at 431-2712.

COMMITMENT TO GENEROSITY CARDS are due by **November 4th**, Consecration Sunday.

CUMC HAPPENINGS

• **COVENANT CHOIR.** We rehearse on Sunday mornings at 9 AM. Anyone is welcome to join and share the gift of music. *If you have any questions, see Jerry Sept.*

• **COVENANT HOSTS FAMILY PROMISE** **Sunday, October 28 - Sunday, November 4** For one week we will provide dinner and lodging in our church for families experiencing situational homelessness. Please sign up on the **presence form** or on the **poster in the fellowship hall** if you can help with some food items or being a dinner or overnight host. Enough cannot be said about our dedicated Family Promise volunteers. Family Promise is an interfaith hospitality network. Covenant has provided private living quarters for our guests. We serve home-cooked meals and host our families each night at Covenant. We take turns in a **host rotation program** with 28 other Helena area churches. Along with everything you do, Covenant Family Promise volunteers set the example for our guests to follow in their life paths. You treat our guests with a positive high regard and change their lives by changing their perspective through **kind interaction.** We call it Positive Integral Support.

MINISTRY

The Ministers of St. Paul's:

The people of St. Paul's

Lay Leaders:

Marti Johnson and Dianna Tande

HUMM PASTORAL TEAM

Lead Pastor:

Rev. Dr. Patti Agnew:

pagnew@stpaulshelena.org

Associate Pastor:

Rev. Sami Pack-Toner:

spack-toner@stpaulshelena.org

Children's Ministry Coordinator:

Lynn Van Nice:

lvannice@stpaulshelena.org

Communications Coordinator:

Sienna Knott

communications@stpaulshelena.org

Youth and Young People's Coordinator:

Dominic Tuttle

dtuttle@stpaulshelena.org

Finance Coordinator:

Hailey Cole

hcole@stpaulshelena.org

Office and Facility Coordinator:

Shanna Morin

office@stpaulshelena.org

Worship Director:

Dr. Maren Haynes Marchesini

worship@stpaulshelena.org

Organist: Fay Bunes

Sunrise Singers/Players Director:

Dr. Nancy Trudell

Sound Team Coordinator:

Rob Bonnes

Nursery Attendant: Phyllis Michelson

Bishop of Mountain Sky Conference:

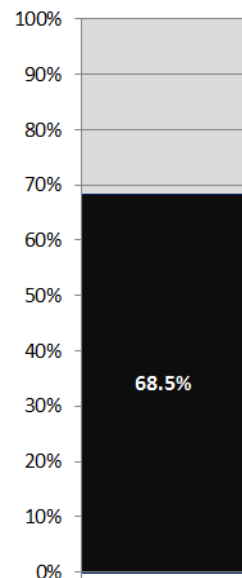
Rev. Dr. Karen Oliveto

District Superintendent: Rev. Jan Witman

UNISON PRAYER

God of love, you make faith as simple as loving you, loving others, and loving ourselves. Teach us to find the time and space for devotion and loving you. Be present to us in worship as we gather together to focus on your love and call to action. Guide us into acts of mercy which alleviate suffering in others. And empower us to work for justice fighting against evil powers and systems. We confess our lack of love and the times we have neglected ourselves, our neighbors and you. Heal our pains and guide us in the way of love. Amen.

MONEY MATTERS



Our Building Fund budget for 2018 is \$177,312. For the month of September we received \$11,477.50 which puts us at 68.5% of the total required for the year.



Welcome to

St. Paul's United Methodist Church

*Grounded in hospitality, growing in faith, giving in service,
going in mission...FOR GOOD!*

Celebrating over 150 years of ministry in Downtown Helena.

11:00 AM Order of Service

October 21, 2018

Prelude: M. J. Williams, *trombone*, Ann Tappan, *piano*, Rob Kohler, *bass*: *Selectinos to be announced*

Welcome: Maren Haynes Marchesini

Introit: *Terraform* by Johnathan Steele and Dane Ueland, Video

Announcements: Maren Haynes Marchesini

Sharing the Sign of Peace

Hymn: *All Things Bright and Beautiful* #147

Prayer: Liz Moore

Unison Prayer

Lord's Prayer

Response: *Spirit of the Living God* #393

Offering: Liz Moore

Offertory: M. J. Williams, Ann Tappan, Rob Kohler: *Selectinos to be announced*

Response: *Praise God* #95

Children's Welcome: *This, This is Where the Children Belong* #2233

Children's Time: Liz Moore

Hymn: *Blest Are They* #2155

Scripture: Psalm 139: 1-7, 13-14

Sermon: *Loving Self* - Maren Haynes Marchesini

Special Music: M. J. Williams, Ann Tappan, Rob Kohler: *Selectinos to be announced*

Benediction: Maren Haynes Marchesini

Postlude: M. J. Williams, Ann Tappan, Rob Kohler: *Selectinos to be announced*

St. Paul's UMC is a Partner in the Helena United Methodist Ministries

Phone: 442-5643. Email: office@stpaulshelena.org.

Church Office: 512 Logan Street

Hours: Monday - Thursday, 9 AM - 1 PM, Wednesday 4 PM - 6 PM

To get sermons and ministry updates, download our App

on our website: stpaulshelena.org



Our 11:00 service can be found at stpaulshelena.org

Today's broadcast is not sponsored.